

Wabash Valley Youth in Action, Inc.
YOUTH BASKETBALL RULES
PRE-K & KINDERGARTEN (CO-ED)

Youth Basketball League is an **instructive program** designed to teach basic fundamental basketball skills. Coaches must also instill the lessons of fair play, teamwork, and respect of others. Coaches are asked to keep these things in mind and follow these rules and regulations:

1. In accordance with Wabash Valley Youth in Action Inc's (YIA) philosophy, playing time shall equitably apportion between all players. Forms will be handed out to record the amount of playing time each player receives for our records.

In leagues for grades PRE-K & KINDERGARTEN, games will consist of four 8 minute quarters and a four minute half-time. Playing time minimums per game depend upon the number of players present. **No player shall sit out consecutive four minute periods unless they are injured. (Coaches can determine prior to game if they would like to "opt out" of the 4 min. substitution).**

6-players present = 24 minute playing time minimum (6 four-minute periods)

7-players present = 16 minute playing time minimum (4 four-minute periods)

8-players present = each player will play 20 minutes (5 four-minute periods)

9-players present = 16 minute playing time minimum (4 four-minute periods)

10-players present = each player will play 16 minutes (4 four-minute periods)

2. Each player will be issued a YIA game shirt at the beginning of the season. It will be the player's responsibility to keep his or her jersey clean and ready for each game. **Only one shirt issued per player.**
3. Coaches shall move players to different positions. One player should not do the majority of the ball handling.
4. No full court press. Defense must not pick up offense player until 3 point line.
5. No stealing off a dribble or taking ball from player. Stealing is allowed off a pass.
6. Out of bounds will be called.
7. Back and forth across half court line will be called.
8. If a foul is committed, take out ball to nearest sideline.
9. The clock will not be stopped unless of an injury, or at the four minute mark for substitutions.
10. The scoreboard will be used for time keeping only.
11. Fast Break **will not** be allowed.
12. **NO** "set plays" taught in PRE-K and KINDERGARTEN leagues, the focus is on skill development of the player, **NOT** winning game strategies.
13. **No jewelry will be worn during games/practice.** If earrings are newly pierced, players are allowed to use tape over them as oppose to taking them out.
14. The YIA provides practice and game balls.
 - a. Ball Size: PRE-K and KINDERGARTEN 27.5" (Junior)
 - b. Goal Height: PRE-K and KINDERGARTEN 6'