

Wabash Valley Youth in Action Pre-K & K Basketball Handbook

Youth Basketball League is an instructive program designed to teach basic fundamental basketball skills. Coaches must also instill the lessons of fair play, teamwork, and respect of others. Coaches are asked to keep these things in mind and follow these rules and regulations.

In accordance with Wabash Valley Youth in Action Inc's (YIA) philosophy, playing time shall equitably apportioned between all players. Forms will be handed out to record the amount of playing time each player receives for our records.

In leagues for grades PRE-K & KINDERGARTEN, games will consist of four 8 minute quarters and a four minute half-time. Playing time minimums per game depend upon the number of players present. No player shall sit out consecutive four minute periods unless they are injured. (Coaches can determine prior to game if they would like to "opt out" of the 4 min. substitution).

6-players present = 24 minute playing time minimum (6 four-minute periods)

7-players present = 16 minute playing time minimum (4 four-minute periods)

8-players present = each player will play 20 minutes (5 four-minute periods)

9-players present = 16 minute playing time minimum (4 four-minute periods)

10-players present = each player will play 16 minutes (4 four-minute periods)

Each player will be issued a YIA game shirt at the beginning of the season. It will be the player's responsibility to keep his or her jersey clean and ready for each game. Only one shirt issued per player.

Rules:

- Coaches shall move players to different positions. One player should not do the majority of the ball handling.

- No full court press. Defense must not pick up offense player until 3 point line.
- No stealing off a dribble or taking ball from player. Stealing is allowed off a pass.
- Out of bounds will be called.
- Back and forth across half court line will be called.
- If a foul is committed, take out ball to nearest sideline.
- Game day will consist of 15 minute warm up time to work on fundamentals.
- The clock will not be stopped except for injury, or at the four minute mark for substitutions.
- The scoreboard will be used for time keeping only, if available.
- Fast Break will not be allowed.
- NO “set plays” taught in PRE-K and KINDERGARTEN leagues, the focus is on skill development of the player, NOT winning game strategies.

The YIA provides practice and game balls.

Ball Size: 27.5” (Junior)

Goal Height: 6’